

**KENT STATE UNIVERSITY SOFTBALL
PITCHING, HITTING, LEFTY SLAPPING CAMPS
SUNDAY, NOVEMBER 14, 2010**

CAMP STAFF: Kent State University coaching staff, former and current team members.

CAMP DIRECTORS: Kent State Head coach Karen Linder, Assistant coaches, Amy Densevich and Jexx Varner

LOCATION: The Kent State Field House located on 2227 Summit Street beside Dix Stadium.

COST: \$45 for each camp session

PITCHING CAMP FOR GIRLS IN GRADES 3 - 12

Beginning – For pitchers who are just learning how to pitch and/or need work on basic fastball mechanics and control and have less than one year game experience.

TIME: 3:00 – 4:30 p.m.

Intermediate - For pitchers who need work on their fastball mechanics and control and who want to learn and work on the change-up.

TIME: 3:00 – 4:30 p.m.

Advanced- For pitchers who have control of fastball/change-up. This clinic will allow you the choice of learning or bettering the screw, curve, rise and/or drop.

TIME: 4:30 – 6:00 p.m.

Each pitcher must have her own catcher and a ball. All catchers, regardless of age, must have a hold harmless/ medical care form signed.

Please call the Kent State softball office if you have questions about which pitching camp is right for your daughter at 330-672-2162.

HITTING/POWER HITTING CAMP FOR GIRLS IN GRADES 5 -12

INSTRUCTION: Stresses hitting fundamentals and will focus on **drills** to help increase power.

TIME: 2:00 – 4:15 p.m.

LEFTY SLAP HITTING CAMP FOR GIRLS IN GRADES 5 - 12

INSTRUCTION: Stresses slapping mechanics from the left side.

TIME: 4:30 – 6:00 p.m.

PLEASE NOTE: Pitchers must bring a ball, a glove, and a person to catch. Hitters should bring a bat if possible, and catchers should bring a glove and catching gear if possible. Everyone should bring a clean pair of tennis shoes to wear in the Field House.

INSURANCE: Kent State University has purchased insurance for each participant that will cover injury over and above the primary insurance coverage. A first aid provider will be on duty. Minor injuries will be treated at Robinson Memorial Hospital. Each participant and all catchers must have a hold harmless form/ medical care form signed by a parent/ legal guardian in order to participate. If you register early, one will e-mailed to you. You may also get the forms off the KSU web page. In cases of illness or injury, all but the \$10 registration fee will be refunded.

TO REGISTER: GO TO THE KSU CAMP WEB PAGE AT www.kentstatecamps.com AND CLICK ON SOFTBALL. FOR QUESTIONS CONCERNING REGISTRATION CALL THE CAMPS COORDINATOR AT 330-672-8545. FOR MORE INFORMATION REGARDING THE CAMP CALL THE KSU SOFTBALL OFFICE AT 330-672-2162.